



SUPPORT SERVICES FOR CHILDREN AND YOUNG PEOPLE

Childline

Tel: 0800 1111

Email Us

Childline is a free, private and confidential service where you can be you. Whatever your worry, whenever you need help, however you want to get in touch. They are there for you online, on the phone, anytime.

The Hideout

The Hideout can help you understand domestic abuse and what to do if it's happening to you

Voice Against Violence

Voice Against Violence are a group of young people with direct experience of domestic abuse who are working with the Scottish Government and Local Authorities to tackle domestic abuse and improve the lives of children.

LGBT Youth Scotland

Text to chat: 07786 202370

Email Us

LGBT Youth Scotland's website provides information on identifying domestic abuse and what to do in a crisis. LGBT Youth Scotland is the largest youth and community-based organisation for lesbian, gay, bisexual and transgender (LGBT) people in Scotland.

18U

Text/Whatsapp: 07707531976

Tel: 0800 731 40 80

Email Us

18U provides information and support to young people who have been abused in any way.