

**VIOLENCE  
AGAINST  
WOMEN  
DOMESTIC  
ABUSE**

**EQUALLY SAFE AT  
WORK**

## About domestic abuse

Often when people think of domestic abuse they think of physical violence, but it is usually much more than that. It involves coercive control, emotional, sexual and financial abuse. It affects women from all backgrounds irrespective of age, sexuality, race, education, culture and socioeconomic demographic.

Domestic abuse isn't something that happens once. It usually gets worse over time, and for many women it continues even after the relationship has ended. Women can experience trauma, stress and other mental health problems because of domestic abuse.

## Impact of domestic abuse on the workplace

Women who experience domestic abuse are often targeted at work. It can affect women's employment in a range of ways including:

- Using workplace resources such as phones and email to threaten, harass or abuse them.

- Preventing them from going to work by locking them in, or by hiding their keys or purse.
- Controlling their finances to prevent them from paying for transport costs or tampering with their car to prevent them from going to work.

It impacts their work performance, restricts women's economic independence and causes financial instability.



**For more information and support**

**Domestic Abuse and Forced Marriage**

**24hrs: 0800 027 1234**

**Rape Crisis Scotland**

**6pm-midnight: 08088 01 0302**

**Amina (BME women's support)**

**Mon-Fri 10am-4pm: 0808 801 0301**

**Hemat Gryffe (BME women's support)**

**24hrs: 0141 353 0859**

**Equally Safe at Work is an accreditation programme advancing gender equality and preventing violence against women.**

**[www.equallysafeatwork.scot](http://www.equallysafeatwork.scot)**

**[www.closesthegap.org.uk](http://www.closesthegap.org.uk)**



**Close the Gap**

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